SPIRO
PLASTIC SURGERY
Surgeon By Trade, Artist At Heart

Scott Spiro, M.D., F.A.C.S.
973-736-5907

COVID-19

Checklist for patients coming to our office for ANY reason

Just prior to your visit:

- ✓ Follow social distancing guidelines for 14 days prior to your appointment.

- ✓ Ensure that members of your household are also following social distancing guidelines.

- ✓ Check your temperature at home twice a day in the days prior to your appointment. Notify our office immediately if you develop a fever.

- ✓ Do NOT come to the office if you are feeling unwell (review COVID-19 signs and symptoms).

- ✓ Come ALONE, except for patients who are minors or immediate post-operative patients within the first 7 days after surgery requiring ambulatory assistance. No family members will be permitted in waiting areas or exam rooms. After escorting patients to the office, they should wait in their car.

- ✓ Wear a mask. This can be home made. No one will be permitted in the office without a face covering. Please see the resources section on our website if you need instructions.

- ✓ Wash your hands for at least 20 seconds and/or use hand sanitizer prior to entering the office.

- ✓ Gargle with 1.5% hydrogen peroxide mouthwash as close to your appointment time as possible.

- ✓ Disinfect shoes with Lysol wipes or Lysol spray prior to entering the office.

- ✓ Maintain a distance of at least 6 feet from other patients and non-clinical staff while in the office.

- ✓ Refrain from using your cell phone while in the office.

- ✓ Limit the amount of personal belongings that you bring with you to your appointment.

- ✓ Pay with a credit card instead of cash. Our office is also equipped to accept Apple Pay and Google Pay, which means that you can pay without having physical contact (contactless payment) with our credit card terminal or direct contact with staff.

- ✓ Please notify us if you or any close contacts have tested positive for COVID-19, have been in contact with someone who has tested positive for COVID-19, or you have been in recent contact with a person under investigation PUI. Refer to education packet for further details.